



How to care for your permanent bridge

Now that we've placed your permanent bridge, it's important to follow these recommendations to ensure its success:

If we used an anesthetic during the procedure, avoid any chewing until the numbness has worn off completely.

To protect your bridge, carefully follow our instructions for keeping the areas around and under the bridge free of bacteria. We may recommend special floss, brushes, or other cleaning aids. If your teeth are sensitive to hot, cold or pressure, use desensitizing toothpaste. If sensitivity persists beyond a few days, call us.

Take antibiotics or other medications only as directed.

To reduce any discomfort of swelling, rinse your mouth three times a day with warm salt water. Use about 1 teaspoon of salt per cup of warm water. It's normal for you gums to be sore for several days.

Call our office if your bite feels uneven, you have persistent sensitivity or discomfort, or if you have any questions or concerns.